



## Trigger point massage

(Dry massage)

STOBE's unique whole body care that incorporates a soft manipulation treatment.

Chronic stiffness, poor posture, improved range of motion, etc.

- 30min ¥3630    60min ¥6600
- 90min ¥9900    120min ¥13200

Fatigue recovery

Stiff shoulders, back pain

Body distortion

(All prices include tax)

## Aromatherapy massage

(Oil massage)



In oriental medicine, physical disorders are stagnation of qi, blood, and water.

The flow of qi, blood, and water is adjusted, centering on the meridians (paths through which the qi flows) that match the physical condition of the day.

An oil treatment by staff with expertise in muscles and acupoints.

- 60min ¥8800
- 90min ¥12100
- 120min ¥15400

Relax

100% organic oil



## Acupuncture

It uses the same size needle as the hair, so there is almost no pain.

Time required about 20 to 60min.

Use of disposable acupuncture.

Staff with national qualifications for acupuncture and moxibustion will provide treatment.

◆Popular menu◆

Acupuncture+ Trigger point massage

- 60min ¥6930
- 90min ¥9900

(All prices include tax)

## STOBE style cosmetic acupuncture

Tailor-made treatment for each individual.

It stimulates the tissues, cells, and nerves in the back of the skin to work inside the body and bring out the original beauty.

In addition to the face, the recent attention of Oriental medicine and whole body acupuncture and moxibustion treatment will also improve your physical problems.

60min ¥11000



Adjust the rhythm of the body and skin in 'tuning cycle'.

# Facial treatment

SHISEIDO Qi  
PROFESSIONAL

Full-scale beauty treatment using  
Shiseido beauty salon brand Qi.

Qi is from the "Ki" ENERGY of oriental thought. It is an Oriental thought that beauty is linked to "health of the whole body" and an esthetic that surrounds beauty everywhere.



Western  
aesthetic  
Massage,  
Cosmetics



Oriental  
aesthetic  
Points of  
acupuncture



## moist treatment course

60min ¥11000

(All prices include tax)



## white treatment course

70min ¥13200



## Swelling elimination course

70min ¥11000



## High concentration carbonated pack course

80min ¥14300

## STOBE perfect course

(Qi Facial Treatment + cosmetic acupuncture + Acupuncture of the body)

120min ¥20900



Shiseido is Japan's oldest cosmetics brand founded in 1872. It is a cosmetics brand that every Japanese knows. A company with a state-of-the-art beauty research institute.



## 【Qi Facial Treatment】

Based on a treatment that fuses Western-style massage with the basic ideas of the Orient, it will condition the skin and fundamentally improve the causes of age spots and blemishes. By effectively working the whitening fusion ingredient containing natural essence, it suppresses the production of melanin and leads to "clean skin".

## Facial option menu



## Back treatment

20min ¥2750



## Aroma dry head massage

20min ¥2750



## Acupuncture

30min ¥3300

(All prices include tax)

# Side menu

(All prices include tax)



## Posture correction 30min ¥3850

Use painless stretches to improve posture and improve the root of body aches.



## Foot massage 30min ¥3850

Use oil to remove swelling in the calves and tired feet.



## Reflexology 30min ¥3850

Loosen the pressure points on the soles of your feet.  
Recommended for people with cold, swelling, or dull feel.



## Eye strain 30min ¥3850

Recommended for those with eye strain such as desk work or headaches due to stiff shoulders.

# Option menu

▶This menu cannot be used alone◀



## Ear pot diet ¥880

Sticker-type acupuncture is attached to the points of acupuncture that are effective for diet, gastrointestinal upset, and hormonal balance.



## Cellulite care 20min ¥2750

It removes waste products and water accumulated in adipose tissue to the outside of the body, and crushes fat masses.



## Dry head massage 20min ¥2750

Head massage with a specially blended Qi aroma gel.

Recommended for stiff shoulders, headaches, eye strain and stress.



## Intestinal therapy 20min ¥2750

Tummy oil treatment. It is also effective for constipation, poor circulation, stiff shoulders, and back pain.

(All prices include tax)



English-speaking staff([Yu-to](#)) are available on Mondays, Tuesdays, Saturdays and Sundays.

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